

Medium and Long-Term Medical Care Expenditure Regulation Plan

Basic Idea

- ◎ Within Health expenditure regulation plan (5-year plan) starting from FY 2008, policy targets are set and increase in health expenditure is regulated.
 - Thorough prevention of lifestyle diseases → Policy target: Decrease patients and those having a high risk of contracting lifestyle diseases by 25% (FY 2015)
 - Shortening average lengths of stay → Policy target: Reduce the gap between national average (32.2 days) and the shortest period in Nagano (25 days) by half (Same as Above)

