# [9] Health Care and Welfare Measures for Persons with Disabilities

## Benefits for Welfare Services and Supports for Persons with Disabilities

## Overview

Structure of Benefits for Welfare Services and Supports for Persons with Disabilities (As of March 2017)

| Servi                       | Services   |        | Number of users | Contents of services  |
|-----------------------------|--|--------|-----------------|---|
|                             | In-home long-term care (home help)   | 19,757 | 169,861         | Provide in-home care for bathing, elimination, meals, etc.  |
|                             | Home-visit care for persons with severe disabilities   | 7,302  | 10,615          | Provide comprehensive support to persons with severe physical disabilities or persons with severe intellectual disabilities or persons having significant difficulty in movement due to mental disabilities, who need nursing care continuously with care in their residences, to support meals, bath, elimination and nursing care during transportation when they go out. |
| _                           | Accompanying support services  | 6,249  | 24,757          | Provide persons with visual disabilities who have significant difficulties transporting themselves with support when they go out, including provision of necessary information for transportation (including writing/reading for them) and care during transportation, etc.   |
| Long-term care benefits     | Activity support services  | 1,583  | 9,907           | Provide persons with insufficient judgment with necessary support for avoiding danger which could occur when such persons conduct by themselves and care during transportation when they go out   |
| n care b                    | Comprehensive support for persons with severe disabilities   | 10     | 31              | Provide persons whose degrees of necessity for nursing care are very high with comprehensive welfare services such as home help service and other various services  |
| enefits                     | Short-stay service 4,45  |        | 50,637          | Provide persons who need nursing care with short-time placement in support facilities including nighttime, due to sickness of their in-home caretakers or other reasons, to offer care for bath, elimination, meals, etc.   |
|                             | Care for daily life in medical facilities  | 246    | 20,010          | Provide persons with disabilities who need medical and continuous nursing care with functional training, care management, nursing care, daily care, etc. in medical facilities  |
|                             | Care for daily life  | 9,621  | 271,949         | Provide persons with disabilities who need nursing care continuously with care for bath, elimination, meals as well as opportunities for creative or productive activities mainly in the daytime  |
|                             | Nighttime support, etc. in support facilities for persons with disabilities (support for residential care) | 2,606  | 130,647         | Provide persons with disabilities living in support facilities with care for bath, elimination, meals, etc. during nighttime and holidays   |
| Ber                         | Rehabilitation service (trainings for improving physical function and social abilities)                    | 1,346  | 14,474          | Provide persons with disabilities with trainings for improving physical function or social abilities for a certain period so that they can live independent daily and social life   |
| efits for                   | Transition support for employment 3,275  |        | 32,238          | Provide persons with disabilities who desire to work in a private company, etc. with necessary trainings for improving knowledge and skills needed to enter the work-force for a certain period   |
| Benefits for training, etc. | Continued employment support for employment (type A/B)   | 14,320 | 290,016         | Provide persons with disabilities who have difficulties to work in a private company, etc. with opportunities for employment as well as necessary trainings for improving knowledge and skills needed to enter the work-force   |
| etc.                        | Group home with aid (group home)   | 7,342  | 108,302         | Provide persons leading communal lives with consultation, care for bath, elimination, meals, and other aid in their daily lives in their residence during nighttime in particular.  |

<sup>\*</sup> The number of offices and users are obtained by extraction and counting on the basis of the actual payment data of the Federation of National Health Insurance Associations as of March 2017.

## (Combination of Daytime Activity and Living Place

Service combination is available as an option by dividing services of living facilities into daytime service (daytime activity program) and nighttime service (housing support program).

In using the program, personalized support plan shall be made to provide services that meet respective purpose of use.

| Care for daily life in medical facilities (medical type) *                             | Support for placement at                         |
|--|--|
| Care for daily life  | support facilities for persons with disabilities |
| Rehabilitation service (training for improving physical function and social abilities) | or  Housing support services                     |
| Transition support for employment  | (functioning of group homes and welfare homes)   |
| Continued employment support (type A/B)  |  |
| Local activity support center (community life support services)                        |  |

## Community life support project and self-reliance support benefit (Disability welfare service)

|                                    | Community life support project  | Self-reliance support benefit<br>(Disability welfare service)  |
|------------------------------------|---|--|
| Character                          | Projects that can be flexibly implemented by a municipality according to the circumstances of community and users   | Benefits in accordance with individual specific needs, such as nursing care and employment training  |
| Cost flow                          | Implemented by a municipality (a municipal government itself carries out a project, or so it does by entrusting to a business operator, etc.)   | Benefit paid directly to the user (actually, the business operator receives in place of the user)  |
| User                               | Implementer's discretion  | Certification of disability support classification (required only for persons aged 18 years or above for nursing care, no requirements for training benefit)*, decision on payment is a prerequisite |
| Usage fee                          | Discretion of implementing body   | Financial burden according to the amount of income   |
| Criteria of service implementation | Implementer's discretion (partially operational criteria: local activity support center, welfare home)  | Designated criteria (criteria on personnel, facilities and operation)  |
| Financial sources                  | Subsidies (partially allocation tax measures)  Proportion of subsidies: for prefectures' projects, Government 1/2 or less, for municipalities' projects, Government 1/2 or less and concerned prefecture 1/4 or less) | Cost burden<br>(Proportion of burden: Government 1/2 or less,<br>concerned prefecture/municipality 1/4)  |

<sup>\*</sup> As for accompanying nursing care, unless it involves physical care, the certification of disability support classification is not necessary.

<sup>\*</sup> On training for living together, the certification of disability support classification is necessary to receive training benefit under certain conditions.

#### System of Certification for Persons with Disabilities

|                                     | Number of certificates issued (thousand)   | Verification provisions   | Responsible entities   | Application desk   |
|-------------------------------------|--|---|--|--|
| Physical disability certificate     | 5,194  | Article 15 of the Act on<br>Welfare of Physically<br>Disabled Persons   | Prefectural governors<br>Mayors of designated<br>cities, Mayors of core cities | Directors of welfare offices that<br>administers place of residence<br>(or mayors of towns<br>and villages in the case a town<br>or a village has no welfare office) |
| Intellectual disability certificate | 1,009  | Certificate System for<br>Persons with Intellectual<br>Disabilities (Notification<br>No.156 from Children and<br>Families Bureau of the<br>Ministry of Health and<br>Welfare in 1973) | Prefectural governors<br>Mayors of designated cities                           | Directors of welfare offices that<br>administers place of residence<br>(or mayors of towns<br>and villages in the case a town<br>or a village has no welfare office) |
| Mental disability certificate       | 864 (The number registered in the benefit payment book as of the end of fiscal years deducted by the number expired) | Article 45 of Act on Mental<br>Health and Welfare for the<br>Mentally Disabled  | Prefectural governors<br>Mayors of designated cities                           | Mayors of municipalities that administers place of residence   |

Source: "Report on Social Welfare Administration and Services FY2015" for the number of physical disability certificates and that of Intellectual disability certificates, and "Report on Public Health Administration and Services FY2015" for the number of mental disability certificates issued.

## **Detailed Data** Number of Persons with Disabilities (estimate)

|                           |                 | Total          | Persons living at home | Persons accommodated in facilities |
|---------------------------|-----------------|----------------|------------------------|------------------------------------|
|                           | Younger than 18 | 76,000 73,000  |                        | 3,000                              |
| Children/adults with      | 18 or older     | 3,821,000      | 3,766,000              | 55,000                             |
| physical disabilities     | Unknown age     | 25,000         | 25,000                 | -                                  |
|                           | Total           | 3,922,000 (31) | 3,864,000 (30)         | 58,000 (1)                         |
|                           | Younger than 18 | 159,000        | 152,000                | 7,000                              |
| Children/adults with      | 18 or older     | 578,000        | 466,000                | 112,000                            |
| intellectual disabilities | Unknown age     | 4,000          | 4,000                  | -                                  |
|                           | Total           | 741,000 (6)    | 622,000 (5)            | 119,000 (1)                        |

|                  |                 | Total          | Outpatient     | Inpatient   |
|------------------|-----------------|----------------|----------------|-------------|
|                  | Younger than 20 | 269,000        | 266,000        | 3,000       |
| Persons with     | 20 or older     | 3,645,000      | 3,336,000      | 309,000     |
| mental disorders | Unknown age     | 10,000         | 10,000         | 1,000       |
|                  | Total           | 3,924,000 (31) | 3,611,000 (28) | 313,000 (2) |

#### Source:

"Children/adults with physical disabilities"

Persons living at home: "Survey on Persons with Disabilities at Home" (2011), MHLW

Persons accommodated in facilities: Dept. of Health and Welfare for Persons with Disabilities, Social Welfare and War Victims' Relief Bureau, MHLW based on the "Survey of Social Welfare Institutions" (2012), MHLW, etc.

"Persons with intellectual disabilities"

Persons living at home: "Survey on Persons with Disabilities at Home" (2011), MHLW

Persons accommodated in facilities: Dept. of Health and Welfare for Persons with Disabilities, Social Welfare and War Victims' Relief Bureau, MHLW based on the "Survey of Social Welfare Institutions" (2011), MHLW

"Persons with mental disorders"

Outpatients: Dept. of Health and Welfare for Persons with Disabilities, Social Welfare and War Victims' Relief Bureau, MHLW based

on the "Patient Survey" (2014, MHLW

Inpatients: Dept. of Health and Welfare for Persons with Disabilities, Social Welfare and War Victims' Relief Bureau, MHLW based on the "Patient Survey" (2014), MHLW

- 1. The figures in parentheses indicate the number of persons per population of 1,000 (base on 2010 Population Census).
  - 2. The number of persons with mental disorders is calculated by adding the number of epilepsy and Alzheimer patients to the number of patients of "V Mental and behavioural disorders" of ICD-10 with intellectual disabilities excluded. In addition, the number for each age group is rounded, thus the sum of breakdowns may not equal the total.
  - 3. The number of persons with physical disabilities who are accommodate in facilities do not include those accommodated in facilities for the elderly.
  - 4. The number of persons is rounded, thus the sum of breakdowns may not equal the total.

## Medical System for Services and Supports for Persons with Disabilities

#### Overview

#### Medical System for Services and Supports for Persons with Disabilities

#### Objective

Medical system bearing public expenses that aims to reduce the amount of co-payment of medical costs concerning medical services for persons with disabilities to ease and reduce a state of their physical disabilities and mental disorders

\* Insurance precedes medical payment for services and supports for persons with disabilities; practically this system shall cover the difference between self-pay burden prescribed by this system and thirty-percent-self-pay- burden after insurance payment. (Burden ratio: national 50%, prefectures 50%)

#### O Covered

Outpatient mental medical service:

Persons with mental disorders such as schizophrenia prescribed in Article 5 of Act for the Mental Health and Welfare of the Persons with Mental Disorders (including epilepsy) in a state requiring outpatient mental treatment continuously

· Medical rehabilitation service:

Persons to whom a physically disabled certificate is issued pursuant to the Act on Welfare of Physically Disabled Persons and to whom result is assured by medical service such as an operation, etc. to ease and reduce a state of those disorders (aged 18 and older)

· Medical aid for children with potential disabilities:

Children with physical disabilities (including those deemed to become disabled in the future if not treated with disability-related medical care) to whom a result is assured from a medical service such as an operation, etc. in thereby easing and reducing a state of any such disability (aged younger than 18)

#### O Intended main disorders and remedial example

Outpatient mental medical service (mental disease):

Psychotropic, psychiatry day care, etc.

• Medical rehabilitation service, medical aid for children with potential disabilities:

Physical disability ••••• arthrogryposis " artificial joint replacement

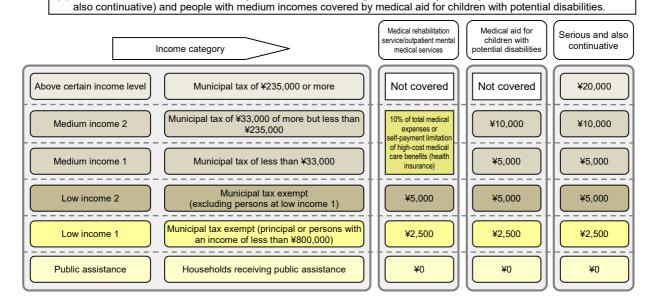
Visual disability ••••• cataract " cataract extraction

Internal impediment ••• impaired cardiac function " valve replacement, pacemaker implantation

kidney dysfunction " liver transplantation, dialysis treatment

### Basic Framework of the Co-payments for Services and Supports for Persons with Disabilities

[1] In order to avoid the co-payments from becoming extremely large the monthly co-payment amount shall be established according to their incomes. (10% in case that 10% of total monthly medical expenses are less than this) [2] Further reduction measures are being taken for those requiring continued long-term high-cost treatment (serious and



### OThe range of "serious and also continuative"

Persons covered on the ground of diseases and symptoms

[Medical rehabilitation service/medical aid for children with potential disabilities]

People with kidney, small intestine, immune system, cardiac (limited to anti-immune therapy after cardiac transplantation), or liver (limited to anti-immune therapy after liver transplantations) dysfunctions [Outpatient mental medical services]

[1] People with cerebral dysfunctions such as schizophrenic disorder, bipolar disorder/depression, epilepsy, dementia, etc., and drug-related disorders (addiction, etc.)

[2] People who have been judged by a doctor with above a certain level of experience with metal treatment

People covered on grounds of continuous burden of expensive cost, regardless of the disease

[Medical rehabilitation service/medical aid for children with potential disabilities/outpatient mental medical services]

People who have qualified to utilize a variety of medical insurances

OSpecial transitional measures concerning the maximum monthly co-payment amount

• The maximum monthly co-payment amount for "medium income 1" and "medium income 2" of "medical aid for children with potential disabilities" and "above a certain income level" of "serious and also continuative" are special transitional measures that will continue until March 31, 2018 (Articles 12 and 13 of the Supplementary Provisions of the Order for Enforcement of General Support for Persons with Disabilities Act)

## Welfare Measures for Persons with Physical Disabilities

## Overview Outline of Institutional Welfare Measures for Persons with Physical Disabilities Welfare centers for persons with physical disabilities (Type A) Facilities for health care and relaxation (i.e. improvement of health, cultural activities, sports, and recreation), as well as providing consultations for persons with physical disabilities Welfare centers for persons with physical disabilities (Type B) Daytime facilities for persons with severe physical disabilities, providing creative activities, simple work and training in daily living Rehabilitation centers for persons with disabilities Accommodation and relaxation facilities for persons with disabilities, their families, and volunteer staffs Community facilities Persons with visual disabilities can refer or borrow Braille publications and audio books of their own choice Braille publishing facilities Facilities that publish Braille materials Information service facilities for persons with hearing disabilities Produce and lend DVDs with subtitles (sign language), dispatch sign language interpreters, and lend out information devices Prosthetic appliances manufacturing facilities Manufacture and repair prosthetic appliances Homes for the blind Facilities to be used by persons with visual disabilities having the license of massager, acupuncturist or moxa cautery practitioner for the convenience of their occupational lives. Facilities also provide guidance on skills Guide dog training facilities Facilities to provide guide dogs with training and users with training necessary for the use of guide dogs **Detailed Data 1** Number of Persons with Physical Disabilities by Disability Type (In-Home) (Total: 3,791,000 persons) (2011 estimates) (including those with multiple disabilities: 167,500 persons) Unknown disability type Internal disorders 581,500 persons (15.3%) 920,500 persons (24.3%) Motional disabilities 1,666,500 persons (44.0%) Visual disabilities 310,600 persons (8.2%) Auditory and speech disabilities

## Detailed Data 2 Changes in Number of Persons with Physical Disabilities by Age Group (per 1,000 population)

| Year | Total | Age 18-19 | Age 20-29 | Age 30-39 | Age 40-49 | Age 50-59 | Age 60-64 | Age 65-69 | 70 or older |
|------|-------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-------------|
| 1955 | 14.5  | 5.3       | 7.1       | 14.5      | 16.0      | 20.6      | 25.4      | 25.4      | 29.4        |
| 1980 | 23.8  | 3.5       | 4.9       | 7.0       | 16.0      | 33.7      | 55.8      | 68.7      | 87.6        |
| 2006 | 32.7  | 4.5       | 4.1       | 6.1       | 11.6      | 24.4      | 48.9      | 58.3      | 94.9        |
| 2011 | 35.2  | 4.3       | 4.2       | 6.0       | 10.0      | 19.8      | 44.1      | 53.5      | 105.4       |

Source: "Survey on Persons with Physical Disability" and "Survey on Persons with Disabilities at Home", Department of Health and Welfare for Persons with Disabilities, Social Welfare and War Victims' Relief Bureau, MHLW

(Note) The population aged 18 or older taken from the National Census" and Population Estimate" of Statistics Bureau, Management and Coordination Agency was used as the base population for calculating the number of persons with physical disabilities per 1,000 population.

312,200 persons (8.2%)

## Welfare Measures for Children with Disabilities and Persons with Intellectual Disabilities

## Overview

## Structure of Outpatient/Inpatient Support for Children with Disabilities (As of March 2017)

|  | Support  | Number of establishments                                | Number of users | Support content  |
|--|--|---|-----------------|--|
| Day o  | Developmental support for children                     | 4,910   | 94,217          | Provide instructions on basic moves in daily life, training on acquiring knowledge and skills, adaptive training for group living, and any other necessary support   |
| care suppodisabilities   | Medical type<br>developmental support<br>for children  | relopmental support 98 2,566 children 98 10,159 149,012 |                 | Provide instructions on basic moves, training on acquiring knowledge and skills, adaptive training for group living, and any other necessary support and treatment   |
| ort for  | After school day services                              |   |                 | Provide trainings required that improves their capacity to lead a normal life, opportunities for intercommunication with society, and any other necessary support after school or during off school days       |
| children   | Visiting services to day care centers                  | 470   | 3,028           | Provide children with disabilities with specialized support for adapting to group living and any other necessary support by visiting day-care centers, etc.  |
| Residential<br>children wit<br>(prefe                            | Welfare type facilities for children with disabilities | 194   | 1,675           | Provide children with disabilities at facilities with protection, daily life instructions, and training on acquiring knowledge and skills necessary for to lead an independent and self-supporting life        |
| Residential support for children with disabilities (prefectures) | Medical type facilities for children with disabilities | 189   | 2,101           | Provide children with disabilities at facilities with protection, daily life instructions, training on acquiring knowledge and skills necessary to lead an independent and self-supporting life, and treatment |

<sup>\*</sup> The number of offices and users were extracted and counted on the basis of actual payment data of the Federation of National Health Insurance Associations as of March 2017.

## Detailed data Changes in Number of Children/Adults with Intellectual Disabilities by Age Group (per 1,000 Population)

|      | Age 0-9 | Age 10-19 | Age 20-29 | Age 30-39 | Age 40-49 | Age 50-59 | 60 or older |
|------|---------|-----------|-----------|-----------|-----------|-----------|-------------|
| 1995 | 2.8     | 4.1       | 4.1       | 2.1       | 1.7       | 1.2       | 0.5         |
| 2005 | 4.9     | 6.6       | 5.7       | 4.8       | 2.8       | 1.6       | 0.7         |
| 2011 | 5.4     | 9.6       | 8.2       | 7.0       | 4.6       | 2.6       | 2.1         |

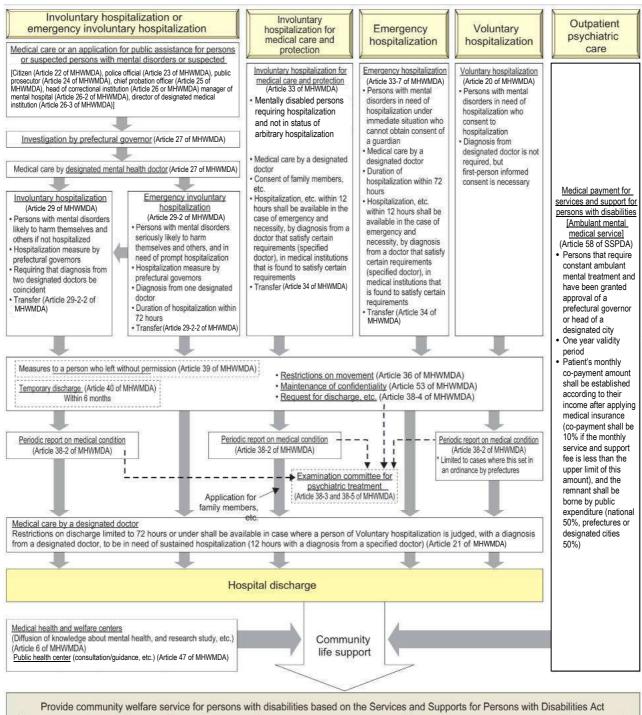
Source: "Survey on Persons with Intellectual Disability" and "Survey on Persons with Disabilities at Home", Department of Health and Welfare for Persons with Disabilities, Social Welfare and War Victims' Relief Bureau, MHLW

(Note) The population aged 18 or older taken from the "National Census" and "Population Estimate" of Statistics Bureau, Management and Coordination Agency was used as the base population for calculating the number of children/adults with intellectual disabilities per 1,000 population.

## **Mental Health and Medical Welfare Measures**

#### Overview

### **Outline of Mental Health and Medical Welfare System**



Provide community welfare service for persons with disabilities based on the Services and Supports for Persons with Disabilities Act (home help service, care for daily life, transition support for employment, transition support for employment, group home with aid (group home), local activity support center, etc.)

(Note) In this table, the following terms shall be abbreviated as follows:

Act on Mental Health and Welfare for the Mentally Disabled (Act No.123 of 1950): MHWMDA, Act on Comprehensive Support for Social and Daily Living of Persons with Disabilities (Act No.123 of 2005): SSPDA.

In the table, the term "prefectural governors" shall be deemed to be replaced with "prefectural governors or mayors of

designated cities".

**Detailed data** 

## Changes in Number of Hospitals with Psychiatric Beds, Number of Psychiatric Beds, Number of Inpatients and Bed Utilization Rate at the End of Month

(As of the end of June of each year)

| Year | Number of hospitals   | Total number of  | Number of inpatients | Bed utilization rate    |
|------|-----------------------|------------------|----------------------|-------------------------|
|      | with Psychiatric Beds | Psychiatric Beds | at the end of month  | at the end of month (%) |
| 1965 | 1,069                 | 164,027          | 177,170              | 108.0                   |
| 1970 | 1,364                 | 242,022          | 253,433              | 104.7                   |
| 1975 | 1,454                 | 275,468          | 281,127              | 102.0                   |
| 1980 | 1,521                 | 304,469          | 311,584              | 102.3                   |
| 1985 | 1,604                 | 333,570          | 339,989              | 101.9                   |
| 1990 | 1,655                 | 358,251          | 348,859              | 97.4                    |
| 1995 | 1,671                 | 362,154          | 340,812              | 94.1                    |
| 1996 | 1,668                 | 361,073          | 339,822              | 94.1                    |
| 1997 | 1,669                 | 360,432          | 336,685              | 93.4                    |
| 1998 | 1,670                 | 359,563          | 335,845              | 93.4                    |
| 1999 | 1,670                 | 358,609          | 333,294              | 92.9                    |
| 2000 | 1,673                 | 358,597          | 333,328              | 93.0                    |
| 2001 | 1,669                 | 357,388          | 332,759              | 93.1                    |
| 2002 | 1,670                 | 356,621          | 330,666              | 92.7                    |
| 2003 | 1,667                 | 355,269          | 329,555              | 92.8                    |
| 2004 | 1,671                 | 354,923          | 326,613              | 92.0                    |
| 2005 | 1,671                 | 354,313          | 324,851              | 91.7                    |
| 2006 | 1,668                 | 352,721          | 321,067              | 91.0                    |
| 2007 | 1,671                 | 351,762          | 317,139              | 90.2                    |
| 2008 | 1,667                 | 350,353          | 314,251              | 89.7                    |
| 2009 | 1,667                 | 348,129          | 312,681              | 89.8                    |
| 2010 | 1,671                 | 347,281          | 311,007              | 89.6                    |
| 2011 | 1,655                 | 345,024          | 306,064              | 88.7                    |
| 2012 | 1,657                 | 342,709          | 303,521              | 88.6                    |
| 2013 | 1,649                 | 340,591          | 299,542              | 87.9                    |
| 2014 | 1,645                 | 339,088          | 294,696              | 86.9                    |
| 2015 | 1,639                 | 336,628          | 290,923              | 86.4                    |

Source: "Hospital Report", Health Statistics Office to the Director-General for Statistics and Information Policy, MHLW.

## **Measures for Persons with Developmental Disorders**

### Overview

Outline and Aims of the Act on Support for Persons with Developmental Disorders

#### I Major purposes

- ODefinition of persons with developmental disorders and promotion of understanding on developmental disorder
- OPromotion of general support for development and livelihood
- OClose cooperation among Bureaus/Departments in charge of support for persons with developmental disorders, development of cooperative structure with relevant institutions

#### **II Outline**

#### Definition:

Developmental disorders = brain dysfunction that is generally expressed during earlier age, such as autism, Asperger syndrome and other pervasive developmental disorders, learning disabilities, attention deficit hyperactivity disorders, etc.

Preschool age (infant)

School attendance age (school child)

After graduate age (middle-aged and young people)

- Early detection by health examination for infants
- O Early development support
- Physical Examinations for Newly Enrolling Students
- Establishment of appropriate educational support and support system
- Use of after-school child sound upbringing services
- O Specialized development support
- Achieve adequate employment opportunities according to the respective characteristics of persons with developmental disorders
- O Community life support
- Advocacy for the persons with developmental disorders

[Prefectural government] Support Center for Persons with Developmental Disorders (consultation/support, information, training, etc.), securing specialized medical institutions, etc.

[National government] Securing human resources with specialized expertise (training, etc.), research and study, etc.